

LISTEN

I, Thor, the Ultra Energy of the Universal All That is, welcome you to this day, this mode of communication and to the new you. Thank you indeed.

What do I mean about the new you? Well, **the earth is travelling faster and has increased its vibrational rate substantially now**, which means everything, everywhere, has increased their connection to the energy force in the same denominations. You are on earth and therefore definitely affected and effected by your energy centres, which are part of your physical anatomy. That is a fact. However, although it is a fact, if you are not believing that you have an energy connection to the universe, there is no way to prove it to you. Maybe you think that this is a possibility. **Just contemplate this situation**. If you had no connection to energy whatsoever, the first aspect would be that you are not alive on earth. The second would be that you would not feel the connection to the air, the earth and the water and the third aspect would be that you would not be breathing. How is that for a fact? Good ones I would say. So, if you have a breath to take in order to move your physicalness, you are connected.

So, now that we have established that **all living human beings are energy**, both earth and universal as well as your personal identifications, we are able to let you know that it is the timing to understand another step in the process of the earth's changes. Thank you indeed.

Honour is apparent within yourself of course, and that means that you **care about your health**, so you are able to learn as much on earth as possible for you personally. So, physical health is noted of course, but it lets you know when you are not providing proper nutrition and physical movements on a daily basis. Water is required for you to drink and to bathe in because cleanliness is apparent in health as well. In addition, is the concept of what you are thinking and what you are feeling. Those three elements of yourself are yours and yours alone. *You are the one that wanted to come to earth at this timing in order to change to a more energetic individual and so it is the correct timing to do so.*

Air, earth and water are on the world for you to enjoy and know about. What magic is that, do you think? Where would you be without the earth to walk upon, that helps produce your food intake and of course provides the substances you require to build and be protected by enclosures on hot or cold days? The earth provides you with your place to sleep, rest your tired bones and to enhance your life with wonderful colours and flavours that you would appreciate. The water is another of the gifts of being on earth and that means a substance that actually conducts the energy of the world and the energy of yourself. Without water in your system, you leave your body and return to the universe. **Water is the most important**

substance on earth. The air? Now there is an element of your life that you might be taking for granted and it is the life of yourself and all others on earth. **No air, no breath, no life.**

Three elements and you. Which do you connect with the most in your everyday life? That is a question for you to answer until the next time we meet and greet.

Thank you and good day.