

MAGIC

I, Mother Nature, am with you on this day and in this way, to meet and greet the new you. You, who have been on earth for several years now, are the person you desire to be, the person you were and the person you are able to become. Honour is a word that allows you to know that you are on earth to learn about yourself. **If you understand the word honour, it means you understand yourself just a little more in depth.** Thank you indeed.

So, honour is my word for today but along with that word of honour, out comes the basics of who you are at this timing. Honour is a descriptive word in the world, because it describes people who are willing to make certain that they are respected by others, and they make certain that they are doing and being an influence to others at the same timing, by making certain that honour is involved in each of their days. Honour is what each person needs to feel for themselves. Yes, you have a physical body, and it means you need to take care of it and all that it radiates to yourself and others.

When you honour yourself, you make certain that **you are listening to and implementing your thoughts.** You **eat from nature** and enjoy health from that form of eating. You allow your **feelings to be noted, but your emotions to be let go** of at this timing so they do not hold back your inner health from being noted. You recognize what the physical body is letting you know about the movements you make, the sleep that you value and the feelings about others allowing you to feel comfortable with yourself overall. **Honour means that you value yourself as a human being in the world** at this time of change and recognize that you are important in the overall energy flow of all humans, combined with the forms of creatures and nature in general. Thank you indeed.

Now, do you feel any form of honour for yourself? An interesting question of course. It is hard to honour yourself at this timing when you are being coached by others in society as to what is termed laughter material, what needs to be respected and desired and allows you to grow at your own expense. Do you prefer food cooked by others and not knowing what ingredients are being utilized, or do you like to eat what your body is able to digest? That is another interesting question of course. Honour is challenging these days because everyone seems to be fast paced and you eat on the run, or you don't desire to cook for yourself, or you have too many other obligations and food is not as important when placed against that thing that is keeping you occupied. When you do too much at work, you might have the tendency to just want to sit and be entertained after work. **So too much and too little in the form of actions is a deterrent from understanding honour for yourself.** Thank you indeed.

Honour for yourself is required now. Respect is required now for all other people, places and things. Those two words create magic in your life. You just need to place them

personally in your vocabulary of living your life daily. **Honour for yourself, respect for all else** that is not you, and magic in how you are thinking, will alter everything to a balanced state of thoughts, words and actions.

Thank you indeed and good day.