

## **LEVELING THE THOUGHTS**

I, Mother Nature, am with you on this day and in this mode of communication, in order to assure you that although the earth's rate of vibration is being adjusted, you have honoured yourself by not only joining the earth in the rise itself but you are **making certain that you are understanding yourself** more in a variety of modes and transactions. Thank you indeed.

Now, on this day and in this way, you are embracing yourself physically and honouring that you live in a physical body and that it is handy to have so you are able to be 'present' in so many ways on a daily basis. You are able to be a morning person, an afternoon person, or an evening person and that is just the start. Then you have the businessperson and the sports person and the home body and the weekend body and on and on it can go, dependent only on you and how you are reacting or acting in each scenario and timing.

So, since you are one of many and your presentation varies depending upon others, your disposition and of course time and timing, it just might be the right time for you to **honour some of who you are directly**. What does that mean? It means that it is the correct timing for you to say, OKAY, I am and provide your name, and I am a human being that is changing moment by moment. Who am I right now and HOW am I going to present myself to myself to learn more about me? That is quite a question of course. But why now and why would I wonder about the how of me? Well, it is simple really. When you are living on earth, most people have a tendency to think they are on earth to share in the responsibilities necessary for living a good life, or what most entitle a good life. It means you are able to **have good health, a good, clean home, and a home that is paid off or close to it**, so it really is more of yours and of course, it is the aspect of yourself that you keep smiling with friends and family and perhaps chat with them on forms of improvement of yourself and your status in your everyday life.

My point is that you are ready now to really honour yourself and in order to do so, there are a few steps to learn about and implement. Life can be dull or drab or a chore to be experiencing, or at least it is possible to have another focus. So if you feel like you are in a bit of a rut, this message just might assist you to get out of that position. Thank you indeed.

First, it is best to have a **comfortable body to live in** and second is that you will want to explore more of yourself, as far as stretching your thoughts to implement something new to you on a regular basis is concerned. It is time to rely on something deep inside of you. Something you were born with and yet it might not have blossomed and grown along with you physically. You had no choice in the physical. You start as a baby and you continue to

grow and mature and that is excellent. Each stage of physical growth indicates change of one sort or another, such as your height, your abilities in school, your ability to have a good rapport with others and many other fascinating changes along the way. You have a say as to how to present yourself, but the actual maturing from baby to adult is placed upon you without your choice of speed itself. Rather fascinating when you think of it in that fashion. Now, we are introducing to you, a form that you have always had access to, but perhaps just had not realized what it could do and how to utilize it daily to assist yourself. Do you understand that you have concepts of sense? The concept of making certain that you understand what you are doing in life. The concept of making choices on a moment-to-moment basis. You are the creator of your life of course, but how often do you consult with yourself? How often do you contemplate the possibilities put before you? How much does it matter about the outcome of your decisions? Do you think of yourself alone or do you think about the family unit when making decisions? Is it a country or world decision to be made? A lot of questions and perhaps not much in the way of answers.

You have thoughts of course, but are they good for you or harmful for you? **Are you putting yourself first** or last in the lineup of family and friends and bosses? Who wins your thoughts? Maybe it is society as a whole. Maybe it is a dominate member of your family or maybe it depends on finances. So many ways to choose and make decisions. Well, now you might like to be introduced into a form of making certain that the choices are the best for you personally. No one else needs to enter the process.

**Thoughts come in two distinct fashions.** They are yours or not and they are either harmful or helpful and that is a fact. Now with the earth, you are able to make the distinction of your choice, by using something we call a leveling agent. **That Leveling agent is entitled Common Sense.** As you are understanding the word common, it means everyone has it and it lasts for your entire lifetime. That is what makes it common. However, it is always your choice as to whether you are going to use that sense or not. Your choice. But it is yours, it works and it is just a leveling agent for your thoughts. You do not want too many negatives in your life nor do you desire to have too many positives in your life. **You want to balance what you are doing daily.** Thank you indeed.

Now, I am the one that is honouring you on this day. My vote for leveling your thoughts is to make certain that you honour your common sense. It means it can be applied to all that you eat and drink, in your time allotted to your physical health, a form of relaxation to level both action and inaction physically and of course, it will be the one that is around when you are looking for friends and family members. Level your thoughts. It is not wise to have all people in your life that are up for parties and hallelujah and yet it is not good to work at your business adventures to the detriment of your sleep or other activities possible. Common means that you know what it entails because everyone is the same. But how often is it level these days? Maybe a little, maybe a lot, but likely never is it really balanced.

Thank you indeed and good day.