

PEACE

I, Mother Nature, am with you on this day and in this mode of communication, to bring forth **some news for you**. When you hear news, it is normally about something negative that has happened in the world, along with the outcomes. Very seldom do you have ‘news’ that is about a positive act from someone to someone or something else in the world at large. There is much of that going on, but it is not considered ‘news’. Thank you indeed.

Now I, Mother Nature, want to share something with you — for yourself, your family and for your lifestyle in general. I’m offering this because it can help your thoughts **lean toward the goodness** in the world instead of getting tangled in everything that feels heavy or negative – I refer to that as ‘badness’. I use the word ‘goodness’ because it reflects the positive elements already present in your life, the ones you recognize in your home or business life when you pause and truly look. On the other hand, badness generally means that your thoughts have drifted away from what feels good and toward unwanted changes that you do not seek, whether they appear day after day or night after night.

In this message, we are speaking of the light in your life — the **light that helps you redirect your thoughts**. And when your thoughts shift, you naturally begin to accept what is happening as part of the good. That is a fact. Everything that is happening in your world at this timing carries good energy. It’s bringing things to the surface — even the things you once labeled as bad — so you can see them more clearly and understand them in a new way. Does that make sense to you?

Every change in the world comes with a mix of good and bad, simply because the earth itself is built on duality. But what actually creates that duality? **Is it the events happening around you, or is it the way you think about those events?** You might even prefer to think of them as *happenings* — things that unfold, things you observe, things you respond to.

As one example, let’s assume that the sun is shining brightly and most people are outside. The temperature is not too hot and not too cold, so you can do whatever you desire at that moment – spend time in the garden pulling out weeds. You could just sit and gaze at the clouds or maybe you would prefer a good book and a cup of some beverage of choice. You can accomplish whatever project has your interest with no comment on the actual weather itself. On the other hand, your neighbour may be thinking the opposite — it’s not hot enough, not cool enough, there is too much wind, too many bugs, too much or not enough of something. **Same weather, same sunshine — the difference is simply how you think about it.**

Another example is the way we think of war. War is treacherous at best because it causes death and devastation in all areas of human life. But the ones who orchestrate wars, feel it is the only way to receive what they want – which generally is more control over people and finances. Once again, **one situation and two different thoughts** on the practicality of war.

What I'm really doing, in talking about duality and the way you think, is giving you the chance to **feel peace inside your own thoughts**. When you recognize that duality exists on earth, you also recognize that every person has the ability to choose where they stand within it — the lighter side, the heavier side, or anywhere in between. If peace is present in you, that's what matters. **Peace honours who you are**, how you move through your days, and what you're doing at this moment in your life. Peace brings comfort because it comes from your own thoughts. And yes, you can create it. War inside yourself is just as powerful, but it doesn't bring comfort. That's why your choices — especially the thoughts you listen to — matter so much in this lifetime. So ask yourself, **which thoughts are you choosing?**

Thank you indeed and good day.