

## #77-0004-Earth

### *Your Story*

I, Mother Nature, am with you on this day and in this mode of communication, to bring your thoughts to yourself, to thoughts of who you are, and of course to the understanding that when you are on earth, you are learning about you and your connections to All That Is.

You, as a reader, are able to digest information through the website and of course are able to read my words at your convenience. It can be day or night, when you are sleepy or when you are running into your day with a big breath and are just taking a moment to readjust your thinking about your inner world. *My words are coming from the earth and its occupants, and are being transformed for people of the world to read, to learn and to **accept** themselves more and more each week.*

Now, as we have shared previously, there are three types of energy within you and surrounding you while you are on earth for a lifetime. *You have had several lifetimes, but at this moment in timing, the other lifetimes are within you and therefore it is time for **big, big changes** in your thoughts, in your words and in your actions.*

Now, allow yourself to take a few deep breaths before you read any further, because I am going to share words that are excellent for you but might seem a little strange to your eyes at first and your thoughts second. Yes, that is correct. There is information for you at this timing that you likely have never heard about previously. Time for change? Yes, it is. That means you are opening up your channels of energy in the universal mode, in the earthly mode and in your personal mode. *You are more than you ever thought you were previously, and it is time to address it.*

Each person is on earth at this timing or lifetime experience, in order to rid of what is cumbersome to their physical body. Yes, you knew that one, because we have channeled that information for quite some time now. However, did you realize that you were the one that made the choice to live on earth right now? Maybe so, but if you did not realize that before, you are learning it now. It was **your choice** to be born into this lifetime. So, what does that mean? It means that you are the one that is providing the changes you are creating each moment of each day, right now. YOU are the one that is changing, and you are doing so according to what you wanted to experience in this timing of change. So those are facts, and I encourage you, right now, to acknowledge your thoughts, your intelligence and your desires.

What energy changes are taking place for you personally? There are many opportunities, and it is time to understand them. Remember, you have a personal energy composition, and you adjust that energy level automatically with your thoughts. **YOUR thoughts are what you need to listen to now** – so that is the first and foremost change for you. Up until now, in this lifetime, you have relied on the thoughts of others to live your life. Now it needs to be your thoughts. Your thoughts arrive to you via your mind – and are actually *universal* thoughts that you created before birth. It actually makes sense that you are not able to arrive as a baby and know all that you are going to experience for the lifetime you chose. So, before birth, you write your story, choosing when and where to be born and all of the

decisions necessary to start your life on earth. *Then, each moment of each of your days on earth, you receive messages or thoughts from your mind to assist you to live the most positive life possible.*

Now, what has been happening is that those who are influential in the world today have taken over those thoughts or hidden them. My suggestion is to **forget about what is happening in the world politically, religiously and socially** because you can now take the time to hear your *own* mind. Other people are entitled to their thoughts and ideas, but you don't have to accept them.

Allow yourself to understand 'you' a little better. Your **universal energy comes to you via your chakra system** connection, and you don't need to accept or reject that form of energy – it simply happens energy-wise, which quite often is not noticed.

Your **earthly energy** arrives to you moment-by-moment and it **arrives through your feet** and travels into your body from there. Yes, you eat and drink via your mouth of course and that is considered earth energy as well, because you receive all food and beverage from the earth – some of which have been processed so it does not look like it came from the earth – but I digress. The energy from the earth is coming into your anatomy and whole being through your feet. If for some reason you have lost your feet, it will come through the lowest portion of your body or the portion of your body closest to the earth. Thank you indeed.

However, your **personal energy comes to you from your thoughts**. Although you may have opinions about what is happening in the world, you are so busy dissecting what others are sharing with you, you are neglecting yourself. It is *your* thoughts that are important as you change to the light and the best expression of yourself.

Now, think about this one – *if you are listening to others and not listening to yourself – are you still you?* Who are you, if you are listening to others instead of yourself? That is the question for this week.

Thank you indeed and good day.