#99-WHO-P-011
Monday, September 29, 2026

POLITE

I, Quaw, the Ultra Energy of the Universal All That Is, am with you on this day and in this timing of your choice, to bring information to you that is basic, very human in potentiality and of course, to honour the energies that are within you at this timing. I also bring assistance to take **another step towards your goal of living without the emotional components that bog you down**. Thank you indeed.

I, Quaw, am intrigued as to whether you understood that paragraph or not. Perhaps you could stop reading and ask yourself about that. **Do you understand that your emotional components are heading you into challenges in life on a regular basis?** Well, that is a fact. In addition, they are changing the respect of yourself at the same timing. You are the one that recognizes that you belong to the world at this timing, not only by providing energy to others but also allowing the energy of others to combine with you. Yes, that is correct. **Every timing that you integrate with someone, your energy and their energy meet and greet**. Sometimes you influence them and most times, they influence you. Is that good or bad? Not an easy decision at times of course, but really, humans need to interact at all times. Right now, is best to interact with forms of nature instead. I will share why that is the case.

Emotions are saved by humans to be utilized and eliminated in each lifetime they live. There are no humans that are emotionally free. Some are obtaining fewer and ridding of the blockages within themselves of course and they are to be congratulated. If you are still experiencing forms of anger, frustration or guilt of some sort, you need to physically, mentally and spiritually rid of it. **It is emotions that are making your decisions.** They are negative to you right now, and you are easily able to say goodbye to them, if you desire to do so. If you are of the belief that you require them, it is the timing to let go of that belief system. Anger has no place within you at this timing. It is as simple as one, two, three. However, another way for me to frame the urgency is to let you understand that you need to be polite now to yourself and all others. Nature is able to assist because nature has no emotional blockages at all. A tree is a tree and a flower is a flower, the sun is the sun and the moon is the moon. You are human and have emotions and the forms of nature noted are ready to assist you to rid of them. Polite is a good word for you to understand. **Polite means living without emotional outburst of any kind and thus having respect for all other aspects in the world at this timing.** The earth is asking for your assistance. Politely reply that you are ready to say goodbye to emotions that are negative or hurtful to yourself and others. Try sharing them with the moon at night. Look out the window or go outside and ask for the moon's assistance and feel the difference in yourself in the morning.

Thank you indeed and good day.