

#99-0002-Energy

I Can Do It!

I, Thor, the Ultra Energy of the Universal All That Is, am here to see if your energy flow can be increased today. Human beings seem to love challenges. A challenge brings out the inner desire to be better, to uncover the 'true you', to find the proper energy flow that will encourage you to be the one that says, *I Can Do It*.

So to begin, which of the three energies is more powerful within you – Universal Energy, Earth Energy, or Personal Energy? We'll be exploring all three, but learning more about your personal energy flow is a good place to start. *You can change from someone who is doing what everyone else in the world seems to be doing, or to **being yourself in all ways**.*

In our last message, we asked three questions. Since expressing yourself is a good way to determine how well you are doing within, let's examine your answer to the first question, 'Do you dwell on your challenges?' If your answer was 'yes,' that is your personal energy providing the answer. If you answered, 'yes, I am, but do not want to,' that means your personal energies are looking at things differently. If you answered 'no, of course not', then you are listening more to your earth energy. However, if you answered 'no' and gave a reason, such as 'I am more than my challenges', you are hearing and adjusting to the universal energy portion of yourself. ***All answers are correct**, so do not be concerned about whether you are right or wrong, because there is no wrong. We are just displaying how your thoughts are energized.*

The first question was referring to your mental body, but the second was asking about your emotional body, to encourage you to concentrate more on you, your thoughts, and finding the light. Once again, it shares in the three forms of energy and where you are, at this timing. The third question honours who you are in your personal world, the earth's world, and the universal world. *If you answered in the affirmative, you are feeling good in all three. If you answered in the negative, you are missing out on the universal energy foundation within you.*

Respect yourself and where you are at this time, and know that the magic of energy is that you can learn, learn, and learn still more about yourself each day. When you have all energies working within you, your thoughts, your words, and your actions are changing. Now perhaps, you can understand your personal energies a bit better, so you can see how they affect your life on earth at this timing.

Let's explore each energy body a little bit more.

Universal energy is the energy connection with All That Is, in all of the universes, at all times. Collectively, we are all connected by energy itself. Universal Energy is that of a higher vibrational rate that is possible to feel or be with on Earth as a human being. However, your universal energy is hidden within you and is known as the chakra system. It is with you at all

times and connects you to everything everywhere. It is not something that interferes with your day-to-day existence, and it does not depend upon your belief system to know it is within you and adjusting all that you are doing day to day. It is there for support and the connection you have to a personal star that you can chat with daily. It also allows you to use your five senses and to explore the many other senses that you live with at this timing. Rather magical really, but *now is the time to know and understand universal energy, so your connections become noticed and welcomed.*

Earth energy is what has created your physical body itself. It is earth energy and therefore all happenings on earth at this timing will affect and effect it. That means the sun, the moon, the clouds, the air, the earth and the water will affect your physical body. It assists you to live day by day, stay grounded to the earth instead of floating about, and it provides you with food and beverages of many varieties. Your physical body has emotions or feelings to let you know how other humans' actions are affecting you. *Your judgment is either positive or negative, but the feelings that result from those actions influence your thoughts and then your words and actions.*

Personal energy is different again. You created a storyline for this life – it depicts what you have to learn or be educated by, in this lifetime. It will share what is necessary for you to learn more about those emotions so you can rid of them, but also assists you to change at any time or place. *Surprises will change your personal energy flow. Information will change your personal energy flow and of course, so will your dependence on other people to assist you to learn about life on earth.*

So, three types of energy once again and this time, I am trusting you are taking in what you want to know, allowing the information to infiltrate who you are and what it means to you personally. Recognize that you are energy, just as everyone else is, and that means you are an equal in energy flow.

It is important to understand that if one energy body is ignored, another will be enhanced to fill the void. Most of the time, the personal energy flow and the earthly energy flow will dominate because up to now, that is what you have known. However, now is the time to consider and learn about universal energy and its many benefits.

Questions for today -- can you differentiate yourself by the three types of energy? How does that feel?

Until next week, thank you indeed and good day.