

LOOKING

I, Quaw, the Ultra Energy of the Universal All That Is, am with you on this day and in this way in order to share information with you as a person, a human being with a physical body, an entity of the earth and as a consultant for who is desiring the usage of your abilities and skills at this timing. Thank you indeed.

In the motion of the world and how it is revolving or altering in many ways at this timing, it is best to start seeing yourself as more than just a human being. You are more than that physical body that is moving one foot in front of another or seeing with your eyes and hearing with your ears. **You are an energy being** and that is a fact, but you might not realize it completely because you have a body that can be seen and heard and all of the other senses that you are able to utilize at this timing. You have been convinced that you are ‘just’ a citizen of the country you are living in, or you are ‘just’ a person in the particular city or community that you enjoy. Or maybe you are ‘just’ part of a family, that sometimes gets along and supports one another and sometimes that seems like a dream and there is friction at all times. **When you are ‘just’, it is a term that society has placed upon you and very seldom means that you are more than that designation.** But looking out for yourself and proving to others that you have ideas and abilities to assist in society’s norms will adjust your levels of confidence, but at what cost to yourself? Thank you indeed.

Society is created by people in a majority that are spreading their opinions or ideas, and encouraging you to follow them. They make the rules and you follow them. They create ideas and encourage you to like them. It comes via your chosen government officials, or educational platforms and your idea of financial abilities decreeing who has and who has not. It means they influence you to join them and reach for the money that allows all sorts of confusion for people. Everyone’s perspective is variant of course and because they are a large part of society, people listen. So, here is a bit of a secret, a bit of advice on this day and a bit of wishful thinking – **you are an energy being and so is everyone who is conducting society.** There is no difference in your energy level possibilities and there is no discrimination for anyone on earth at this timing. Energy is divided into duality and that means there are opposites at this timing. Previously there were extremes of what could be termed as negative behaviour and positive behaviour, but the extremes are now gone from the energy itself. There are still remnants of both on earth, but they are slowly leaving the earth’s surface. Thank you indeed.

Looking ahead is a good phrase for you at this timing. **Looking ahead to see yourself as you are and what you would like to be is excellent.** Do you want to look ahead and see your physical body without any challenges within it, so you are able to move with flexibility and able to breathe deeply, without any falseness at all? You would be able to think good thoughts about yourself and acceptance of all others, and of course, you would be able to

assure yourself that you are an important energy aspect of the world at large at this timing, and that your thoughts count in all ways for the future of the earth. No one is in charge of you, unless you want them to be, and if that is the case, that is a sad 'looking ahead', and not a happy one. Thank you indeed.

Looking forward is a good idea because you are able now to take the steps to create that life for yourself. Looking backwards is not a good idea at this moment though, because what you will find is that you will criticize yourself along the way because every form of learning means that you think you have succeeded at times and failed at others, but all that is just education for yourself. Thank you indeed.

So, looking is a good word for you at this timing. **Looking at yourself in the mirror is important because it allows you to learn to love yourself as a human being**, and seeing your presentation reminds you of how well you have achieved in this world at this timing, and what you would like to change one step at a timing. Looking in the mirror is only one aspect of yourself though. So if you are looking at yourself as a person who has a mind of your own, and a person who has a voice to share with others, and you are a person that is able to share your voice, your words and your actions with nature at all times, you are doing well.

Looking at the sun in appreciation, the clouds with thanks and the moon as a fond nighttime companion, you are looking with your eyes of your energy being. Looking at the stars means companionship, looking at the food that you consume is a connection of yes or no -- and please, accept the yes only. Looking at your home with an eye to comfort is encouraged and looking at your yard or other possessions with the eye of openness and realism is excellent as well.

What brings you comfort? What is your desire of how to live on earth with the idea of learning more about yourself? Where is your eye going, with you looking at people and how they are relating to you at this timing? What are you looking for? What don't you want to see and what do you want to see? Are you seeing that recognition of yourself within them, or are you looking for a form of connection with them mentally or emotionally? Many, many ways of looking and many ways of seeing as well.

Thank you indeed and good day.