

MASTERY

I, Quaw, the Ultra Energy of the Universal All That Is, am with you at this timing and in this mode of communication to be able to reach out to you in a gentle but firm manner, so you will understand yourself just a little better, in amongst all of the changes in your life right now. Thank you indeed.

You are honouring of yourself these days, because you are making certain that you are still able to do what you desire every day, even though there is so much going on in the world as you know it. The energies have increased and now the people in the world are **making decisions about themselves** and what they really believe and what they really want to achieve on earth at this timing. No one is just blasé about the conditions of the earth, the people that are running the governments and of course, in the costs of food and other necessities that are prevalent.

So, why is this happening to each of you? Well, firstly I must state that all changes with the earth, bring about changes for all *on* the earth. It doesn't matter if it is the water, land and air themselves, or if it is the creatures in the open or those being domesticated, or the trees and plants and all the food being prepared for people all over the world at this timing. Of course, the earth is a master of allowing you to know the basics about weather and letting you know that it has been altering the normal to everyone. It is obvious that the people in the government in every country of the world, want to make certain that you realize that they are in charge and you are not. Interesting conundrum if there ever was one. Now though, you are realizing that others might be in control, but **they do not control you in any way**. You are having your own thoughts about what is right for you to feel comfort but also what is *not* right in your life and being willing to put those aside for now. Thank you indeed.

There is a word that is rather magical for conditions on earth at this timing. The word is Mastery and you have it in a lot of ways in your life. Did you realize that? No matter what happens by others contributing to the livelihoods in the world, **you have your own thoughts**, and the others do not necessarily know or understand what that means to them. Mastery allows you to follow your thoughts in your own energy world and that is a big step, but maybe it is too big. You are used to doing and saying what others bid you to do, you might be thinking that you still need to do so. Well, I, Quaw, am letting you know that what you are thinking that is positive in all forms for you personally, is what you are to be doing. Just your thoughts. It is a form of mastery obviously and it is a form of owning yourself and not letting others trip you up along the way. When you have a positive thought about yourself and your day-to-day life, **implement it and your energy level goes up** and your challenges go down. That is a fact.

Monetary value of yourself is excellent of course, but mastery is the way to be doing things that benefit you. Thank you indeed.

Two ways of having a mastery type of life at this timing. One is for you to be more on your own and able to **listen to your own thoughts and implement them** and the other is make a timing where you are able to show the variance between what was and now is. That means you have decided to understand yourself better and accept yourself in all fashions. How you look physically and present yourself and how you are able to understand your thoughts, accept your emotions and then say goodbye to them and of course to recognize that you are part physical and part energy and the balance is becoming more noticeable. Thank you indeed.

So, one hint – it is all about you and it is all about your comfort and your knowledge, that by honouring your thoughts, you are achieving mastery over your life. It is yours and yours alone. You have support from others, but **the key is love of yourself in all ways** at this timing.

Thank you indeed and good day.