

#77-0007-Earth
Help from Nature

I, Mother Nature, am with you on this day and in this mode of communication to bring you together, in your mind, with the forms of nature that you are able to note, no matter where you live in the world. All nature is expandable, and it is expendable if not respected. All of nature is on earth to assist human beings to become more of themselves and to do what is necessary in order to keep the energy flowing that comes from the earth itself. There is universal energy and there is earth energy and today is the day to let you know just a little more about your earth energy as it deepens inside of you each day you are on earth. Thank you indeed.

Nature is a word that seems to be taken for granted by people on earth these days. You recognize that a large item on earth is a tree and a smaller item on earth is a plant and then you have gardens for vegetables and gardens for fruit, and you have creatures that will provide you with food of a different variety. In addition, you recognize that there are areas in the world that house the creatures that you feel are a little dangerous because you have little control over them on a daily basis. Many creatures that are very, very tiny to very, very large. Creatures are available in your life in reality, some in photos and some that are just talked about but not really noted in your day-to-day life.

Now, those creatures, those forms of nature that you recognize, are **all on earth to assist you** to learn about yourself. Does that seem far-fetched, odd or unusual? Probably, because you have decreed what creatures are friendly and assisting you according to your belief system, and what creatures are an irritant to you daily when you step outside. They, however, are for your own success as well. Thank you indeed.

Let's start from the beginning. You were a soul and decided you wanted an education with a difference – one that is on earth and with feelings that are able to be experienced and resolved instantaneously. Or, you could have the experience and not release the feelings and therefore they are stored within you. After many lifetimes, those **stuffed feelings become evident as emotions**. Emotional bodies are what are noted now, because you have had many lifetimes that have added substantial feelings within you. Those emotions amount to lots of tears, frustration, anger, greed or hate to just name a few of what you are dealing with, at this timing.

So, how does nature help you to get out the emotional buildup just a little at a time? Well, if you want to feel relaxed, you are able to gaze at the water in a creek, river, lake or ocean. If you want to understand that change in energy flow and time in your world, you are able to gaze at the sky and note how quickly it changes its look. If you feel like company, you are able to sit under or beside a tree and feel companionship. If you want to feel a form of beauty, you look at or pick flowers of many colours that abound, so many that you might have trouble choosing and therefore you buy a variety or pick a variety. If you desire to know more about yourself, it is wise to go for a walk in a forest or along a beach and let their energies combine with yours. Or maybe, you want to talk to a creature, so you listen to the birds sing and you begin to do the same. It might not be as direct a communication as you

would have with another human, but it will surprise you with the good feelings you generate. Thank you indeed.

Now, of course, since the world is functioning in the negative arena a fair amount lately, you might think that the small bugs like mosquitoes, spiders and such are a nuisance, and you want to be rid of them. BUT they are on earth to provide you a reason to feel those emotions within you as you swat them away from you. If you are looking at the skunk, you make certain to offer it respect, which in turn assists you to be respectful of whatever you are dealing with in your life. If you manage to see a rabbit in your vision, it is a note for you to stop the fear that is within you from taking over your time. Therefore, all of these creatures are definitely on earth to assist humans and that is a fact. They also provide food for other creatures and so the energy flows in the **circle of life**. Thank you indeed.

I've shared here how some aspects of nature are assisting you in your personal energy flow but ALL that is on earth in nature is here to assist. Not only with your personal energy flow, they also provide you with Earth energy – it encompasses all of what you see in your world that is not created by human beings. That includes the sun and moon and stars and clouds as well as everything that lives in the water. Thank you indeed.

Remember, all of your pets are creatures that have been transformed by humans in variant modes and methods and results. All though, are on earth to assist you in so many modes of your moments in life. They have a storyline, just as you do, but they have one that is geared to line up with yours, so you are provided with what you require moment-by-moment in your life, rather than the idea of what the skunk, mosquito or rabbit does. Their timing for you is subject to your thoughts, whereas **your pet is with you to provide you with special energy on a daily basis** and assist you to live your personal storyline. Thank you indeed.

One more point of interest – You are earth energy as well, in your very physical state. All of nature and all of you are also universal energy as you are connected with the Universal All That Is, in order to live your life as you planned it. It connects you to the earth as well and that is a fact.

Thank you indeed and good day.