

#99-0003-Energy
You Are Blossoming Now

I, Thor, the Ultra Energy of the Universal All That Is, am with you at this timing, to ensure that you are feeling the energy in your three bodies, feeling the energy of your neighbourhood and the energy of your city and then your country. All have varying types and levels of energy flow and sometimes you are comfortable with all of them and sometimes you are not. *For you to learn a bit more about yourself and your surroundings, let's discuss these types of energy.*

I, Thor, am aware that you are pleased with yourself at this moment in timing. Pleased is an interesting word really. It means you are at ease with yourself and your life and do not have any great hurry or interest to change much about it. Unless you are struggling with money, struggling with communication with family members, struggling with physical challenges in your body, or your mind is on overload from work or stressed about children, you are definitely going to feel pleased with your day-to-day happenings.

The truth is, that although you are pleased with what you eat or drink these days, and you feel like life is okay for you, you are not inventing new items to do or explore. And the fact is, when you are feeling pleased about life, you are becoming complacent with it. That means that the energy is flowing for you in the different aspects of your life and although you might have regrets, you feel that is okay. Life is okay. Perhaps you are feeling a bit antsy, but blame the weather, or blame the next-door neighbour, or of course, you could blame someone else that might be bothering you in some fashion. That is energy flow as well.

Energy is with you in all aspects, but it **needs to flow** and keep flowing in order not to create blockages within the flow itself. Those blockages are what cause you to have aches and pains in all or any of your bodies. You have three of them – physical, mental and emotional and they all rely on your personal energy flow. So, that means that you are in charge of your personal energy flow. How? In many ways. Let us count them.

1. You requested to come to Earth to learn more about yourself and your personal energy flow and were granted the timing to do so. *YOU requested.*
2. You were born into a situation of family, home and education that you wanted to explore and see how it felt. *YOU wrote the script.*
3. You are interested, as a person, to learn about the energy portion of yourself or the 'you' from deep inside. Better known as the chakras, they assist you to live on earth and to be connected to the universe at the same timing. *YOU are interested.*
4. You learn and grow and have an ability, or two or three modes of that ability, that assist you to progress through life and bring out the best within you, so you have a flow in life rather than a struggle. *YOU learn and grow with your ability usage.*
5. You are your boss, your elder, your child, your adult, your person and your friend and guidance counsellor, your doctor, your pharmacist and your consultant. You are all of these titles and more, because you are all energy. You hear thoughts from the mind, and

they are personal and help you to live one day at a time. These thoughts are for you personally and provide everything you require in life on earth. All of that encompasses your personal energy, combined with the earth energy as well as the universal energy.

YOU are all that you need to be.

6. You are the one that is lonely or compliant or the leader or the follower. You are awakening with joy in your heart or have a grudge to fix. You start your day with a thought. Thoughts are full of energy, and they can be negative or positive – it is your choice what type of thoughts you are having. *YOU are your thoughts created into your life.*
7. You are the one who is with yourself most hours of the day, or you are the one that is constantly asking what is happening in the world and changing your course of action because of the words or actions of others in the world. *YOU live your life according to your thoughts.*

Now, that means there are seven different types of energy that you have with you each and every day. Which of the seven is you? Which of the seven depends on the energy flow of the earth and which depends on the universal energy? Or are all of them personal?

Remember, you are on Earth and have earth energy to assist you each and every day. You have universal energy, and you have access to it every day. And, you have personal energy that is yours all the time. Three types of energy and they are always moving and changing and flowing – 24 hours per day.

All energy has negative and positive aspects to it. The universal energy is always positive. The earth energy is a combination of positive and negative. Your personal energy is either positive or negative. YOUR THOUGHTS will depict what it is for you at this timing and thoughts are able to change instantaneously. It is important to recognize that YOU are the one that decides what is negative and what is positive.

Which would you prefer? There is a chance that you will feel complacent with your life for a short period of time, but you are able to set your day on a flowing type of positive actions. This is a choice. No excuses, no complaints, no challenges, need to appear in your day. You can ask for the assistance of the universal energy, and that means listening to your thoughts.

That is all for today – three types of energy – seven options to choose from each day, and only YOU to make all the choices. Energy is what keeps you alive on this day and forever more. You know that when you are alive, you are a wonderful person who is willing to alter your thoughts and accept the positive from the universe. Each day, be open to listening to your mind, and then adhering to what has been guided to you. *Complacency is no longer required because you are blossoming now, and no longer a bud. What type of blossom do you want to be?*

Thank you indeed and good day.