

PARAMOUNT

I, Quaw, the Ultra Energy of the Universal All That Is, am with you on this day and in this mode of information flow, to **encourage you to be more of yourself**. Why? It is due to the fact that you are the one that wanted to be on earth at this timing of change and the timing is right now. So, change you will be doing, but in order to recognize your right to change, it is of paramount interest **to think highly of yourself**. Thank you indeed.

What does it mean to be thinking highly of yourself? Well, acceptance of you is important. Think of yourself as a soul that has chosen to be on earth at this timing and you have succeeded in doing so. You have been born into a situation that allows and honours you in your choices of learning along the way. **You chose your gender** as a soul, because you desired to know what it was like on earth through that form — its possibilities, its probabilities and the experience that help you appreciate who you are. In addition, of course, you knew that there were similarities in the two genders, but the vast variance is with muscle structure and an alteration of thought process of what that gender is all about on earth. **But the differences are in thought, not in energy**.

The paramount challenge is **accepting the equality of the two genders**. Or you could agree to disagree about that because each is able to choose what they desire. Normally, physical structure reveals whether one is male or female, but thoughts vary widely — and it is a paramount concern now that these thought processes may not meet in the middle when comparing the two. Equality, however, is essential. Please keep that in mind.

As energy beings you are equal. Physical strength and structure do not determine who is best in this world at this timing. You differ in some thoughts, of course — one may understand creativity more easily, another may believe they are in charge — but loudness in thought, word, or action does not overpower the quiet truth of equality. Consider this carefully. You are equal as human beings. You are equal with the creatures and the trees and plants in energy. That is what counts now that the earth has raised its vibrational rate as you have done.

It is worth contemplating this equation – **physically variant, but mentally and emotionally and financially equal**. Sexually you are variant in order to populate the earth and having a strong sexual connection. But, as this is a big but – you are equal in all other aspects. You have lived lifetimes in both genders — approximately half as a female and half as a male —and that was paramount in your understanding of the few variances that exist. Now is the time to recognize the equality in your understanding of yourself just a little better. Thank you indeed and good day.