

I, Thor, the Ultra Energy of the Universal All That Is, am with you on this day to tickle your fancy, to open your droopy eyes and to radiate warmth to you. Also, I would state that you need to find the ticklish spots on your physical body to match the occasional laugh coming from your anatomy. Yes, you are the one who is ready for a laugh because you deserve it. You have been providing yourself with lots and lots of information flow about energy. Energy and its sources, energy and its basics of knowing about you and why it does, energy that moves and changes each moment of each day. You have been asked to understand your connection to nature in all of its glory and life, and it needs to be stated also, that you are the one that wants to know more and more and more. Thank you indeed.

Yes, more is often what you desire – more food, more beverage, more late nights, more coffee or liquor, more friends, more money, more clothes, more relationships that turn into magic love, more children or more contra abilities to have children at a time that you cannot afford it. More control over yourself and more control over others. Happiness is sort of lost in that big list of the more that you want – sweetness and peacefulness and silence at times perhaps, but more relations for sure. More, more, more.

Well, the energies flowing through the universe and the earth do not provide the waves of less and more that you seem to want to live with at this timing. Energies are simply the energy in your physical body entrapments and energy guiding your day-to-day lifestyle and energies of the earth that enrich the very being of you and energies of the universe that allow you to be not just you, but a connected you to the epitome that you are able to attain. That is what energy is – always flow evenly – not less here and more there. That is a fact.

So, in order for you to understand the flowing mechanism, I am asking you to do two items of interest and a third for good luck. Item number one is to look in the mirror and laugh at yourself – laugh out loud of course, so you can feel it, honour it and see it all at the same timing. Laughing allows you to see yourself and life itself in a more balanced fashion. It is able to be a laugh at what you do with yourself; how serious you are about life and at how you just might be able to control it. In addition, the laughing will release some of what is inside of you that is opposite. So try the first item and do it as often as possible. Tell yourself a joke or look at yourself and say how important you are to yourself, your family, your job, your community and many other aspects of your life, and then laugh because of the false notion that you are the best for them and not yourself. You are doing all of that for others

and nothing for yourself. Laugh about that predicament and then think of how it can change. No crying, just laughing at the nonsense that your world has become.

Now the second item, is to make certain that in the morning as you awaken, you recognize that the value of you as a personal body is a certain number that you ignite with the thought. Then think of yourself as an energy being and how important you are to the energy of your world and your universe. That number can be balanced of course. Thank you indeed. If you are willing to understand energy flow, you will value yourself quite highly and yet you still are determined that you mean not much to the energy flow itself because you are a mere human being in the physical sense. A balanced attitude is required right now. Thank you indeed.

You take the first item and allow yourself to really look at yourself and laugh at the process of growing up and finding out who you are, and then look again and notice how you are doing in life, and then once again, you are looking at yourself and saying, what am I? Now you are thinking of yourself energy wise and that is excellent. Answer those questions about yourself and put them with your second item and *discover a new you*.

If you want to know more about yourself, reach out for the third item. That means you look in the mirror and decide whether you want to learn more about yourself or not. Are you satisfied with what you have learnt so far or *are you willing to learn more?*

That is all for today. A need and a desire to laugh. A need and a desire to understand yourself personally and not what others have pegged you for, and a need and desire to recognize that there is more in life than you have realized and you want to find out about it immediately. Thank you indeed.

So, I, Thor, the Ultra Energy of the Universal All That Is, am with you when you look in the mirror and answer some questions about yourself while laughing with the thought of living on earth. I am able to be anywhere in the entire world and still be with you personally. Energy is magic and because I am pure energy, I am magic. Are you able to laugh at that? I trust so. It is a fact, but it is a fun fact.

Thank you indeed and good day.