

#99-0016-Energy
The Choice is Yours

I, Thor, the Ultra Energy of the Universal All That Is, am with you on this day and in this mode of communication to share a little secret with you. Most individuals understand themselves in the physical world these days, although they compare themselves with the wealthy, and famous and good-looking individuals of the world. Those individuals obtain fame through the media of some sort, through movies, music or any form of act that draws attention to themselves. Comparisons are never correct, energy-wise, by the way, so we are trusting that you will honour yourself for who you are as a person in comfort. That is the key word right now. *Comfort or comfortable - they are words that should be resonating at this timing.*

Energy that you feel about yourself is entitled your Personal Energy Flow. It is controlled by your thoughts only. There is no interference from the universal energy or earth energy unless you are open to have them join you in more than the survival mode.

Energy that you feel from your concepts about life on earth are assisting you to understand *your reasons for being on earth* at this timing of change. It means that you wrote a storyline for this lifetime and it is guiding you in your present life on earth. *It also provides you with forms of encouragement to release the darkness within you and accept the lightness within you to be noted.*

The universal energy aspects are part of you via your chakra system. That system is growing right now in order for you to keep up with the vibrational rate of the earth itself. You are on earth and whatever it decides to do, you are part of it since you are here with it. As the earth ignites itself with extra possibilities of *cleaning up the messes on earth to reach balance, you have the opportunity to do the same.*

Universal energy makes certain that your connection to it is being noted in your day-to-day life now. The earth changes moment-by-moment and you are being provided with information about your connection to the universal all that is, moment-by-moment. Originally, you were not to totally understand why you were on earth so you could have choices as to what you wanted in life and what you did not. That was so you could use your feelings to assist you with the choices. As you understand now, more people chose the negative side of the duality more than the positive, so the world became unbalanced, which has promoted the happenings you are feeling and living in right now.

The *gift* to you then, is *understanding more about energy* itself, the three main types of energy you are incorporating in your life right now and the concept that *your thoughts are the guiding posts for all of your actions on earth*. If you had thoughts while you were pure energy as to what you wanted to accomplish, and you are now receiving the thoughts to promote all of that storyline to take place, one moment at a timing, then you know with certainty that you are in charge. Sometimes that does not seem possible, because you want to live a physical life and not really understand the energy portion of yourself. But, it is the correct timing to pull together 'you' physically with your chakra system or energy body and recognize the power you have to *live the best life possible as a result of your thoughts.*

Thoughts are brought to you from the Universal All That Is. It is the one that is able to assist you with your storyline of course because you created it while you were pure energy, where no emotions reside. Now you have emotions, along with the storyline, but until recently not many people had any idea that they were in charge. Thank you indeed.

So as of today, I wish you to know that **you are in charge because you have choices**, each moment of each day you are on earth. Your choice is what happens to create your day in a positive thought pattern or a negative one. It is the correct timing to **recognize your own power**. If you are having thoughts or circumstances that you think are negative, and you have not made a choice in what is happening physically, then you need to remember it was still *you* that asked for it to happen and your universal connection has made it happen on your behalf. It is time to say THANKS and handle it with the **greatest positive attitude possible**.

Thank you and good day.