

PEACE

I, Thor, the Ultra Energy of the Universal All That is, am with you on this day and in this mode of communication to bring words to you that will honour who you are and how you are and what you are at this moment. By doing so, it will bring about a **sense of peace within you**. A SENSE of PEACE within you. That is a fact.

Now, the word I would like you to embrace is that of PEACE. It is a word that means you are comfortable within your physical body, your thoughts and your emoting aspects. I really like the peace from the emoting aspects. Do you understand why? Probably not, but when you emote, you are in the feeling department of the negative thoughts that you are carrying around with you. **Negativity brings forth the emotions within you** and sometimes you emote and are feeling reasonably comfortable because it is coming from your heart and sometimes it is coming just from the emotion itself and the circumstances that surround the context of the emoting. Now that sounds a little far-fetched, so I will expose it in other words that might be simpler for you to understand and relate to at this timing.

You, as a person, are filled with a substantial number of emotions possible for human beings on earth. They are ranging from partial annoyance to a huge explosion of fear from many varying scenarios in your human history. Yes, you have been on earth many, many times. Perhaps a minimum of 1000 to over a million times. You have two genders to choose from and a myriad of scenarios to learn from in each lifetime. They took place in varying levels of vibrational rate of course, so you could understand what happens in the different concepts and beliefs of the nations at those timings. In other words, you might have been one of the first humans on earth, which would certainly be variant from this present lifetime. Not only in your ability usage, but in all of the items of learning about the earth, the world and other people, as well as learning about yourself. Each timing though, you were able to decide what was acceptable and what was not, and you were able to rid of built-up emotions along the way. Most times, you succeeded in letting go of some old and keeping some that were too challenging at the timing. So, now, in this lifetime, **you have the opportunity of shedding the old emotions**. Sometimes you will do that just by exposing them through your day-to-day life, sometimes you would take a sport or a war or a concept of interaction with yourself and others, and release the old via physical actions. That would keep the physical and the emoting together and you could be successful. However, sometimes that would encourage you to express even more emotion and maybe keep more but under a new conceptualization. Thank you indeed.

So, you are physical and your emotions or emoting possibilities are letting you understand now what type of thoughts you might be having these days. Thoughts about yourself, your family, your job, your community, your world at large. **Are your thoughts peaceful**, or not? That is your question of the day. What type of thoughts are you having? Something that

allows the new to replace the old, or something that is outside your parameters of even understanding the result? That is a funny question, but of course it is valid. Are you expressing your emotions because of what the world is doing, and therefore are not really involved except as an observer, or are you **allowing your thoughts to come to you to create more peace within yourself**? Good questions, with very good answers, if you are peaceful and honest with yourself. You are more important than the world right now. Peace is yours to behold, if you are willing to keep it within your personal parameters.

Thank you indeed and good day.