

#77-0011-Earth  
*Earth, Air and Water*

I, Mother Nature, am with you on this day and in this mode of communication, so you are able to recognize more interest in the world, interest in the earth and what it is stating, and interest in all that nature provides. That includes human beings of course. That means you have an interest in what I am stating to you now. Perhaps in days gone by, you would have shrugged your shoulders about the information, thinking that it had not much to do with you personally. Now is the timing to alter those thoughts and create new interest in yourself.

I am with you on this day, in order to share something with you that perhaps you did not realize previously. Perhaps it was hidden in the back of your mind, or maybe it was shellacked with information that blocked out the beauty of yourself. That is a fact. You *are* beautiful – in the human being factors, in the earthly factors, in the universal membership. You can see this in your eyes when you look in the mirror at yourself at any given time period.

So, it is the timing to say ‘I LOVE MYSELF’. Why is it time? Because it is the timing to recognize your value on earth, as a student, as a resident, as a member of the energy formation while on earth, and for the simple reason of understanding more about yourself. You have been gifted with the knowledge that you chose to come to earth and in doing so, you knew you would learn more about yourself. And you do not realize that importance to you as an energy being. That is the truth as we are able to share with you right now. In order to be on earth in a format that is accepted, you chose the timing, your parents and your life that you planned out, all to learn more about you as an energy being, living on earth. The earth provides you with the air to breath, the earth to walk upon, the water to live by and live close to in many forms. *The earth, air and water are gifts to you* and all of them provide you with forms of energy flow, to keep you alive while on earth, at the same timing as they provide information to you about yourself. How, you ask?

Well, the earth provides you with the physical body that you are living within – a choice of your DNA, but with the energy that it requires to keep stepping one day at a timing. Each day you awaken on the earth, you are learning more about yourself and it is assisting you in many ways – the rocks, the forms of sand and clay and other forms of soil, the moon and stars that provide the light and the dark and of course in the concepts of all of nature that surrounds you. It is best not to take the earth for granted these days, but to glory in the fact that you are learning with each step that you take on this earth itself. Or ground if you prefer to gaze at it in that mode. *Each type of earth provides you with varying levels of energy flow* of course. If it is sand, it will share information through your feet to assist you emotionally and mentally. Walking a beach with children playing in the sand and building something they are interested in, is a trigger for relaxation. In addition, because you are relaxed, you are able to understand yourself a little better and accept yourself as you are at the moment.

The **air is something that is taken for granted most times** -- it is simple and accepted at all times. Then you have a day that it is filled with smoke, or it is filled with an aroma that is not pleasant to your physical body, or it is confined in a space with no ventilation. That is the timing when your lungs are speaking with you and telling you a story about where you are in life and whether it has been a good choice for you at this timing. Having a challenge breathing, is an indication to you about the value of your life and how you are living it or if it is the timing that you might want to return to pure energy formations.

It does not mean that you are going to change drastically, but it provides the opportunity for change and sometimes you will understand that significantly and sometimes you will just presume that it is for a short period of time, and you will regain an easy breathing time once again. Your choice of course, but it is also a choice for you to understand yourself just a little bit better while on earth. **The air assists you in many ways.** Not only does it go out of its way to provide forms of encouragements where you are, **it is personal each and every time,** even though it is universally on earth at the same timing. Interesting thoughts for today!

Now we have the water energy on earth. **Water conducts the energy around the world** every day and does not miss any timing to bring you the news about yourself, about all humans on earth, about the changes within nature and how it could affect you personally, your community and even your country. It carries your thoughts around the world too, so it is very personally yours at all times. You share your thoughts, and water carries them to everyone else on earth. Rather magical -- that is what water is. You have liquids in your physical body that are connected to every body of water on earth and all that water is connected to the moon. So that means you are a moon body while you are on earth and that is rather a magical thought unto itself. So, water assists you physically of course, because of the connections to your living on earth in that body of yours, and it is the correct connection with the earth energy because the moon shines upon the earth and as it affects and effects the water, it is doing the same to you. So, in a way you are a water baby, a moon baby and of course a sun baby, all at the same timing. The water assists your **feelings of worthiness, your strength of spirit, your ability to feel nature** and how glorious it is at all times, and it allows your brain to recognize the value of yourself. That means that it assists you to believe in yourself as a human being, as a female or a male, and it also negates the concept that you are unworthy. Water assists you to feel worthy in all of its modes of use. You can swim or boat in and across oceans. The rivers provide you with action and change at all times. The lakes and creeks are not as influenced by the moon and do not move as quickly but provide you with **the love of yourself.**

Thank you indeed for understanding how to fit in with the world as you know it at this timing. The three main ingredients are the **earth, the water and the air.** They are taken for granted normally in your life, but they assist in formulating who you are to yourself as well as the rest of the world, and will assist you in utilizing your ability, whatever it might be to you at this timing.

Thank you indeed and good day.