

## **LIFE**

I, Thor, the Ultra Energy of the Universal All That is, am with you at this timing and in this mode of communication, in order to **assure you of 'WHO' you are** at this timing. Did you think you know who you are, or are you aware of something physical that creates the 'who' within you? Or perhaps it is enough to know that your gender is male or female? Well, I am going to brighten your day, because you might have a gender to assist you to learn on earth, but you also have a **lot of other goodies within you that make up Who you are**. Thank you indeed.

Now, it is the timing of the year that so many holidays take place, expectations arise within you physically, mentally and emotionally and you are rather tugged to believe there could be a spiritual aspect about you as well, which you might want to shrug off your shoulders and out of your thoughts. How many bodies do you have? Well, seven if you are able to understand that concept. Seven bodies and so far, you know about the **physical body** because it is where you are living as a soul. You have heard mention that you have a **mental body** and it is brought to light at times when it is really doing well or really not doing well. Sometimes you notice when others are not doing well mentally too.

You recognize that you have the **emotional body** about you because of the components that arise in you to produce tears, anger or greedy thoughts --personal tendencies that you are learning about on a daily basis in your life, and of course, you recognize the emotions when you are just 'feeling' the most anxious or the most loving. All of these emotions are within you and sometimes they are exposed in a common or accepted mode and sometimes they are not welcomed at all. That is the tricky part – how to home in on the emotions and how not to gander at them when it is not appropriate. **How to control emotions? Well, really, they are not controllable**. They reside within you and it is time to appreciate them and let them come out of hiding and into your focus to be removed. *Emotions are interesting, not welcomed most times and yet they are controlling your very lives, your livelihood and your ability to love yourself*. Thank you indeed.

But I backtrack at this moment – **you have seven bodies** and I have named the three most prominent. Now the **spiritual body** is not created for you to love religion and follow its mandates, and it is not for you to feel pious in any formation. The spiritual body is able to guide you to your storyline. What is that? Well, as a soul, you decided to learn and experience a certain pathway in life on earth at this timing and all of your energy body knew what you did and did not require and wrote a beautiful story for you to learn about yourself in all aspects of all seven of your bodies. That storyline or writing about yourself is your spiritual body. That means, when you were an energy spirit, you wrote the story and it was placed within you to read and live and experience in all fashions on earth, but also it was allowing you to make choices. Choices of whether you want or do not want, or yes or no, or

maybe so and let us hold up the process. It accompanies you at all times but does not influence your choices at all, because it can alter the actual ideas into what your human ideas prefer. Re-arrangement we will call it. So, the spiritual body is the part of you that **holds the story you chose for this life**, and it supports you as you move through that story and the learning it offers.

So, that is four bodies, what are the other three, do you think? The fifth one is your **sexual body** that assists you in your education each time on earth, where you have had full range of knowing what sexual actually means to you as a person. It helps you 'feel' what it means to be male or female and how to express it. It shows whether or not you have respect in that category of living for yourself and your partners in procreation. It allows you to enjoy the process of conception and the outcome of such an action. It ensures that you are a human being, but with either dignity or exposure. Many varying forms of the sexual body have been utilized by yourself over your lifetimes. It is not there to be abused however, and that seems to be what is happening now. People on earth at this timing have lost respect for themselves via their sexual body, but it can be a form of **expression of love for yourself and nature**. Nowadays, it seems to be simply a release for some, a controlling method to get what you want in others, a form of rebellion against something that you want or need and haven't received and sometimes, just sometimes, it is the expression of contentment within people who care for each other. Thank you indeed. No where though, does it stretch out to be a form of power over others and that is the bottom line on that topic.

Now, in addition of course, to that fifth body of yours, there is a sixth body. That is your **financial body**. What, you say? I have a financial body? Then how come I don't have sufficient for what I want? Well, the answer to that is quite simple. When you wrote your story before coming here to earth, **you wanted an education about money** – will it be too much, too little or perhaps I want to earn enough to live well and on the other hand, perhaps I don't want to achieve and therefore, will struggle with the lack of funds. The financial body is altered in each of your lifetimes. It will never be the same really in any of your lifetimes, no matter how many that is. That is because you need to learn about it in all aspects. So, if you are feeling that you have not received enough in this lifetime, acceptance is a good idea and so is deciding what you are learning about yourself with that amount. But remember, you have had many lifetimes, and you have been extremely rich financially and extremely poor financially. That is right, you have experienced both extremes. The extremes have been removed from possibility now though, so you just watch what will be happening to those that are extremely rich at this timing. Time will allow you to educate yourself soon. **Financial bodies are there to assist you to live according to the amount you are able to produce via your abilities and your skills**. No other reason, of course, other than an education for all of your life goals and decisions you make. Some make them in negative fashions or for reasons they likely are not sure about at the timing, but some are made in order to have what is necessary to create a life of comfort. Comfort in all of your bodies, by the way, not just comfort financially. A big topic for another day.

So, that means we have another body within you at this timing and always. You have a **universal body**. That means that **you are energy connected to the Universal All That Is**. You have simply chosen to learn via being a human being at this timing. Your connection is within you as a chakra organization, we will call it. Chakra is a word that has been chosen on earth, and it means your energy centres. There are seven main ones within you at this timing and millions of little or small ones throughout your physical body. Thank you indeed. You are connected to the universal energy, and you meet and greet it each and every time you sleep. And perhaps you did not even realize you had such a body. Well, it is just as real as your physical body is, but you just cannot comprehend it fully with your five main senses of sight, hearing, tasting, touching and smelling. But it is within you and utilized at least once every 24 hours of your day/night scenario. Thank you indeed.

The reason I am letting you know about your seven bodies is so **you are now able to really look at yourself and know what and who you are**. You will understand that you have seven bodies to assist you to live one moment at a time on earth, in order to educate yourself about you. Those are your words for today.

Thank you indeed and good day.