

#99-0017-Energy
Feel the Change

I, Thor, the Ultra Energy of the Universal All That Is, am with you on this day and in this mode of communication to bring to you, news that you might want to read and hear, or maybe not, words that you might like, and maybe not, and to make certain that you are **wakening up your physical body**, and maybe not.

Today, you are going to learn more about being a human being, more about the noises you create about being a human being, and maybe, just maybe, the concept of **what it means to be you**. So, we are off to a good start by having awakened your interest. Let's see. You are a human being and that is taken for granted. We are not sure why, but you feel good being a human being and being on this earth learning about others in that same mould.

Now, what do I mean by all of this? Well, here is the fact. You are a human being right now when the earth is changing, in order to **let go of 'stuff' within your body** that is no longer wanted or needed anymore. That means you are all going to feel emotions that are ready to burst forth, note that the old aches and pains in your body want notification of release, but more importantly, note that they are talking to you. **Pay attention**, is what they are saying. So, let us take a bit of a look at what is happening to humans at this timing.

Number one - you are looking at yourself as a human being by your physical body only. You **look in the mirror** and care about how you present yourself.

Number two - you are experiencing challenges now and again, with parts of your body – headaches, stomach aches, allergies, flues, colds, and sometimes a little more with heart attacks, cancer and many other little or not so little challenges that need doctoring at this timing.

Number three - you are facing yourself with your thoughts. That means you are finally **hearing your thoughts** to a greater degree, and you are doing your best to do what the thoughts are indicating, but sometimes you just let those thoughts travel away.

Number four - you are feeling that life is a challenge sometimes, but base it on monetary concepts only.

Number five - you are feeling a little lost as you are living with your own thoughts but being bombarded by thoughts from others on the world stage.

Number six - you are feeling like you are tired after a full day of work, but having a challenge in the sleeping aspect because you keep awakening through the night instead of **sleeping right through until the morning**.

Number seven - you are negating what you have learnt over your lifetime and reckoning in the idea that your life could have been different, if you had your own way about it all.

Now, those are seven possibilities at this timing that could apply to you. One or all, as they are happening around the world at this timing. Why is it taking place like that? Normally if something is going around the world at lightening speed, not everyone gets it. But this time, **everyone on earth is available to feel the changes**, every form of creature is the same and

every form of tree, rock and plants, every form of earth, every formation in the sky. Everything is changing because the earth is changing its vibrational rate.

When you as a human are changing your vibrational rate, it means your energy body is increasing and your physical body needs to rid of what is inside, that is no longer useful to you.

Hence, you are now feeling at least one of the seven that have been listed. The seven concepts that could be igniting you to the fact that it is **time to change**. Yes, you think you are changing your physical body symptoms, but guess what? You are changing your thoughts about you, your life, your desires and your dreams, your ability usage, your everything in life such as food and beverage. It is the timing to **'THINK' about who you are now**, and your energy body is enlarging to assist you to do so.

So, I, Thor, the Ultra Energy of the Universal All That Is, **am with you to assist you, if you desire assistance at all**. Yes, that is right – you are changing and some of you will know and note why and when and how and who, but some of you might not know or guess any of that. But it is happening. Ask me for assistance, or ask whoever you think is able to assist you to understand some of the changes within you. It is the time, to realize that you are energy and physical, so when you look in the mirror, check out your eyes and see if they look alive and bright and able to share in your receiving of your wisdom. Check out your mouth and gander at whether it is smiling or frowning when you are just looking and not posing. Then check out your shoulders. If they are droopy at the end of the day, you are missing some of the usage of your energy body. That means you need to alter your thoughts, from forms of despair, concepts of your self-confidence or parts of you that feel discouraged along the way and recognize that each minute is allowing you to change those thoughts. **Change them to ones of joy, happiness, promise of good and the thoughts of being part of the earth while it is changing to rid of the damaged**. It will bring forth a life potential wherein you are able to breathe easier, drink water that is good for your body and of course to gaze at nature and know you are part of it at this timing.

Thank you indeed and good day.