

LOW

I, Mother Nature, am welcoming you to the changing world. It means really, that your thoughts are opening up to understand more that is assisting you to live on earth at this timing. It is the concept that **what you had and what you want to keep and what you require are all becoming evident**. It is a timing wherein you are listening more to what you want rather than what is being offered to you by the society that you live within. It is a timing wherein you are finally accepting that you are a worthy individual and then society indicates that you need assistance in all categories. It is called AI, but that means Artificial Intelligence. *That means that your intelligence is now not supposed to be good enough. Artificial is better. Interesting concept of course.*

In days gone by in your life, you have been offered food that is artificial and it tastes good apparently and it fills you up and it is handy to grab whenever you require it, so all is good. In addition, you have been told by actions, that there are some people in the world that have more to offer than others, when really, they are robbing you of your worthiness at this timing. Society says it is okay, so perhaps it is and it is easier to follow than it is to build yourself up as a worthy individual. Their words and actions are broadcast around the world, so there must be something to it. Maybe that is not the way you are thinking right now but it is there for all to note.

So, with these types of changes, which appear to be in the negative category of energy on earth, more people are considering that what is being offered will save them time and money and those are the two most important aspects of life on earth right now. Well, I, Mother Nature, am indicating to you that what is taking place in people's thoughts are the new "LOW" for the population in general. **Negative provides you with fewer thoughts because emotions have taken over**. Now you have emotions wanting to take over and you have a society that indicates that Artificial is better than the Real and the earth's population and the energy levels within them are needing emergency ingredients to assure themselves of living on earth itself, with some semblance of understanding being a human at this timing.

Humans come in many varieties of course. Male and female, is one aspect of discovering who and how and what you are at this timing, but even that has turned into a form of competition to see who can be one and then the other or maybe mixed up so no one is able to tell what that human is. **That is a result of the changes in thinking**. We, the energy aspects that are assisting humans on earth at this timing, are not condemning anyone on earth at this timing of change, because number one that would be detrimental and we are on the side of the positive thinking regime. But it is being found that when you are not sure

who you are and you begin by changing your gender, there is a huge discrepancy in the living mind. Change that is taking place is affecting your physical body but only to rid of the emotional buildup you are experiencing. Each day the earth's energy vibrational rate rises, which means each human being is experiencing the same concept. That means that you will desire to change, but it is a low concept of change that is being asked of you. Just rid of your emotional connections to everything, including your thoughts. *Thoughts require to be new, to be noticed by you personally, and for you to make changes along the way in life so it is more enjoyable, less challenging in all areas and therefore more delicious in its new concepts and ideas to assist you on a daily basis.*

Low means that we want you to have low emotional pulls now. Low means that you have a low concept of concern about your daily life. Low means that you are able to note the thoughts now because you are more aware of your presence on earth at this timing. Low blood pressure means that you are handling life with acceptance. Low cholesterol means that you are eating a more balanced form of diet and it is coming from nature. Low heart rate means that your body is not working too hard to stay alive and it always means that you are willing to accept all that surrounds you without becoming involved. Low income could bring a bit of a challenge, but if you have low income, you generally have more time to enjoy the beauty of nature that is free for everything that they offer and it is the timing that you really *choose to eat nutritionally to stay alert and part of your life, moment by moment.*

The word Low is not a detriment, unless you are low in knowledge, low in interest in yourself, or low in the acceptance of yourself as you are. When you are looking at yourself in the mirror, are you seeing yourself as you are or in a more appreciative tone than low provides? Thank you indeed.

Low is a word in the languages of the people of the world and most consider it to be a detriment, but there are many, many forms of low that are really beneficial to you right now.

Low level is good in most matters of the comfortable human being. They are not out rushing about and seeking something that is hard to find. *It means that their low level of concern is assisting them to approve of many items in life that are generally taken for granted.*

So, I am asking you to embrace the Low within yourself at this timing. Low emotional turmoil, and low excess troubles and challenges, and low in the stuffing of food and beverage within yourself. Low maintenance it is called because when you are high, it causes more serious challenges.

That is all for today. Contemplate my words and see if you fit into the new society or not with their artificial this and their artificial that, and *open your eyes to nature and your own thoughts* at this timing.

Thank you indeed and good day.