## #77-0017-Earth Your Potential

I, Mother Nature, am with you on this day and in this way, in order to let you know more about yourself, your life on earth as you chose to have it and of course, just a little persuasion to understand yourself as flowing through life rather than adopting the stop and go aspects that you have taken on lately.

Allow me to state that you, as a human being, have now joined with the forms of nature in the avenue of learning and growing each day that you live on earth. That means that you have been honouring yourself and letting some of your emotional components align with your road travelled, and then you decided that you would prefer keeping your steps in a floating mannerism for lack of energy in the stepping. That sounds intriguing, does it not? Well, here it is – when you honour your thoughts and go with the flow of them until completion, you are allowing yourself to be closer to your energy being rather than your physical one. That is an excellent step of course. Generally, over the past several years of your life on earth, you have thought of yourself as a physical and healthy human body and now you are recognizing your value as a physical being, and also your connection to the energy realms. That energy is not only within your physical body but they correlate with your thoughts.

Thoughts create your reality, which is a fact, but at this moment in timing you are recognizing that the thoughts you are having on your own are leading you to a flowing life. Perhaps in the past you would let a thought come to you from society, and you would stop and honour those thoughts by allowing them time within you and that meant you stopped listening to yourself. That also caused you to wait a bit of time and weigh the thought as to whether it really affected you or not and then it allowed you to go back to your own. Meanwhile, you have had a stop and go aspect of your personal energy flow.

Personal energy flow comes from your own thoughts that are provided to you from your mind. It allows you to increase your potential each time you receive one thought and implement it. It is similar to an education of course, but it is an education only about you, your abilities and your way of lifestyle. Sometimes it means trying something new in your ability usage or maybe an introduction to it. Or it could be a change or an update of how you are living your mundane aspects of living, or at least the concept of what seems mundane only because the possibilities are there on a daily basis. Possibilities might not be the word you would have chosen to describe your daily aspects like sleeping, eating, doing the dishes, making the beds and cleaning the home, or doing the grocery shopping. They are all possibilities that are able to change just a smidge to make life easier, to have a more relaxed feeling inside of you or to upgrade your physical health itself.

So, this note is not to take you in a different direction of your life itself, it is a note that is stating *Congratulations* for opening yourself up to remove the mundane and to recognize the potential of yourself as a human.

Thank you indeed and good day.