#99-HOW-U-011
Sunday, October 4, 2026

PROFIT

I, Thor, the Ultra Energy of the Universal All That Is, am with you on this day and in this mode of communication to **focus on your life at this moment of change**. You have discovered in the past few years that you are capable of being more of yourself than ever before in this lifetime. That is because you are seeing the light of yourself now and removing the dark. Yes, you live on earth and need to experience both light and dark, but the choice is helping you to **really notice the light so you no longer remain in the dark.** Thank you indeed.

So, what is all that about? It is about **looking at yourself with truthfulness**. Are you seeing your potential or your failures? Are you organizing your home so it is a good connection or are you resenting your home for all that it does not provide? Are the people in your home connected with similar ideas and frames of reference or are they opposite to you in some modes and you have accepted that type of relationship? Change is here. **Relationships are changing** because they need to be, to stay 'alive' on earth in this timing of change of the earth and the energy level of it. Thank you indeed.

Change is excellent and ridding of the darkness is paramount. I will state clearly that now the **timing has come to have balance in your life** because of the influence of the energy of the equinox. Then you are able to relate to the fact that after the balance, more physical darkness is going to take place until the solstice in December, at which time each moment will enlarge the light once again and decrease the dark. But how do you manage through the dark? Are you slower in your physical motions, in your thought processes, in knowing what you like and don't particularly like, and are you more hungry for good food or more susceptible to the ingredients that are not nutritious? These are very important questions to be asking. If you are only really awake and happy when the sun is shining and you feel the warmth of it, then you need to lean a little more to the moon and all of its abilities to change daily. That is a fact. Profit from the moon and accept the accomplishments of the sun, but **focus on what you think is the best for you right now**. Is the sun worth more to you than the moon and if so, why? Quite a question I would say. An important one at that!

I, Thor, am urging you to realize that this timing of increased darkness on earth is the timing to look at yourself in truthfulness. About food consumption, sleep possibilities, about the importance of physical movement and of course in the concepts of what your abilities are and how your emotions are being handled. **The moon is able to assist you with all, just as it provides the energy currents for the waters of the world**. The waves do not hesitate in the darker times just because it is dark, and the currents are consistent. Your currents from the moon are consistent as well. You can brighten up with the sun shining, but you can relax really well with the moon. **Comfort and calmness is a definite, at this season of the year.** Look at yourself and feel your own currents in life. Are they comfortable and calm or are they fidgety and fraught with emotion and discontent? Time to find that out for sure! Thank you indeed and good day.