

## Low

I, Quaw, the Ultra Energy of the Universal All That Is, am with you on this day and in this mode of communication, in order to reach out to as many individuals in the world that is possible to reach. That is because the message is **very, very important** and it is a message that is for you personally, for you as a human being, but more importantly **for you as an energy being**.

When you decided to live on earth at this timing, you had high expectations of what you were able to do for yourself, for the earth itself and for the ingredients of life as you know it from your previous experiences. Now, as you have been on earth, you have discovered that many, many individuals are facing their thoughts and allowing them to direct their life into two streams of thought. The first is used for decision making, for listening to those in that realm, and to upgrade yourself in physicality. That focus is on money. Money is an energy and **money is an energy that is being abused** in many fashions. 'Money is what makes the world go around'. It is a saying that has its merit, but there is no energy to go behind it -- just peoples' connotation about it. Thank you indeed.

You are energy and all other humans on earth are energy. All of nature is energy and so your whole world that you recognize is created out of, and lived by, the energy value that you have set upon it. What does that mean? It means that your thoughts are energy and if the thoughts are just about money, it means the energy is very low or non-existent. It is not an energy level that is able to hold its own now that the earth is raising its energy level. You are on the earth, so **your energy level is going up** as the moments pass by.

So, your energy body is enlarging its scope, and it is the timing to make certain that your thoughts are able to grow as well. How do they grow? Well, **focusing on yourself first**, and focusing on what is good for you at this timing will assist. Putting your thoughts ahead of others will assist as well. But the key is to know how low your energy level is right now in comparison to how the energy level of the world is rising. So, if you are creating your life on the foundation of money and money is in the negative factions of the energy equation, then where is your energy level to be found? It would be considered low as well. The reason you are on earth is to learn about yourself and your energy connection. That is the truth as you are able to understand it. Therefore, you are learning about low and high right now and that is how your emotions are being displayed to you. They will dictate your level of high and low. It is simple really – all energies create all that you experience in the world. ALL that you experience in the world. It is energy – so if you have the lowest at this timing, you would prepare a list and it would look like this.

- 1) the lowest is your thoughts that want to dismiss or emphasize that **creatures, trees, plants, another person, place or thing are treated with negligence**. That is the lowest you can go in energy because you are demeaning all but yourself and your thoughts — as if you were the best in the world and everyone else is just here to listen to you or treat you like royalty.
- 2) The second lowest you are able to live, is as if all your decisions in the moments of your life are judged by money itself or the monetary value of your thoughts. Imagine that! You are thinking now that **money is more important than yourself**. How interesting. How LOW to the ground are you or are you high on the ground of the earth at this timing and feel it is the best situation possible? You might want to think about the low and the high aspects of your thoughts!

Now degrading others and money are at the bottom of our little chart here, so what would be next? These are your thoughts remember! So, let us take a look at a few facts. The aspects of communication in the world are changing rapidly and it is an assignment these days to keep up with technology and to understand how it can now start thinking on your behalf and it has the answers to all that you question and of course, it will provide you with knowledge that is amazing in your lifetime. Thank you indeed. What is it doing to your thoughts? Is it putting your thoughts down low, so you do not notice them and offering you something bigger and better and more accurate? Good question. So, the idea here is to note the three items you are looking at in the energy levels themselves. One is adhering to being better than others, which is thoughts overruled by emotions. Then money is the powerhouse for fun, laughter and growth of some kind, but it is a ruler of your life now.

- 3) Then you have **technology** being the powerhouse to go to **for all your decision making, which is, of course, the lack of using your thoughts** to produce a life that you desire. What is technology for, do you think? Is it to make the world more connected? Does it rid of pollution in all aspects of land, air and water? Does it rid of your negative thoughts and make them positive? Does it assist you in any of your relationships with people, places or things? Does it assist you to know about and treasure why nature is on earth, and does it even realize what nature is doing on your behalf? What is it doing, really? Good question and I will allow you to think about that with your own thoughts, if you are able to do so at this timing.

**The low of the negative energy is disappearing now and that means your first three concepts in the low end will be disappearing as well.** Will you be lost in the disappearing act or are you going to recognize your value to yourself instead? That would mean we would note within you that you have acceptance of all the changes in the world as you know it, as being the ridding of the old and the embracing of the new.

- 1) Acceptance of what is happening in the energy world is the first criteria to leave the low in your life and embrace something a bit higher in your understanding of it.

- 2) The second aspect will be the thoughts coming to you that are yours and yours alone and they will assist you to know more about yourself, guide you to have a better time each moment and to understand your value to yourself.
- 3) The third aspect to consider is that of sharing your ability. If you do not know what that is, it is the timing to learn about it. Each person on earth is here on land, in the air and on water in order to be of assistance to the earth itself. So, choose which is the best or most interesting to you and gaze at yourself, listen to your thoughts and start experiencing the ability that is deep within you. Thank you indeed.

Change the low opinion of yourself and rid of your interest in others' thoughts and actions and alter your opinions to those of your own with acceptance of course with everyone else as you learn more about energy flow itself. It is best to **rid of the old and embrace the new**, but you need to understand the old, and so it is being presented to you. The old includes negativity towards yourself and others, money and the thoughts that are bombing down on you, so you are forgetting yours. Thank you indeed.

Are you desirous to stay low on earth or **are you willing to be part of the high?** Energy of course we are speaking of. Not low or high in any other regard itself. You do not need to fly in the air in order to discover what high means to you. But your thoughts need to alter to your personal identity first and that allows the high to appear.

Thank you indeed and good day.